FROM THE PRINCIPAL

Tomorrow I finish at Wellers Hill State School as I head on an overseas trip to South America. For the last two weeks during my absence Mrs Louise Hart will be acting Principal.

Many thanks to the parent community for the wonderful welcome and the support during my six months at the school.

Wellers Hill is a fantastic school with the students being given the opportunity for excellence in many areas including language studies, visual arts, music and sporting programs.

The staff do an amazing job of supporting the children and the high standards of academic excellence are well recognised in our region.

All the best for a safe Christmas and best wishes for 2015.

Wellers Hill School Christmas Appeal

Wellers Hill State School traditionally participate in a Christmas Donation Appeal for the Salvation Army. We are participating in this appeal once again for Christmas 2014. Donations, large or small, can be left at the school office until Wednesday 10 December. Items requested are non-perishable food items and toys (unwrapped). Many thanks for the generosity of those families who have already contributed.
• Respect others’ personal space and property
• Care for personal and school equipment
• Clean up after yourself
• Use polite language
• Wait your turn

Crazy Hair and Socks Day
When: Friday 5th December
What: Wear your craziest socks and craziest hair style to school
(BUT you must wear your school uniform)
How much: Gold coin donation.
Which class has the craziest children?

Please do not bring 'Woolworths animal cards' to school as there has been some incidents in the playground revolving around these cards. Also a reminder, as we get closer to Christmas and the end of the year that students are not to bring candy canes until the last 2/3 days of school.

FROM THE GUIDANCE OFFICER

The Importance of Sleep

We all know how sleep affects our life – a good night sleep makes life’s dilemmas easier to cope with while a bad night’s sleep (or limited sleep) makes us grumpy, lethargic and mostly no fun to be around. Sleep problems in kids don’t just drive parents batty, they also affect children’s health and development, including academic performance, growth and even immunity.

Sleep researcher and psychologist Dr Sarah Blunden, from the Centre for Sleep Research at the University of South Australia, told a recent psychology conference in Melbourne (2010) that sleep problems – which can be medical or behavioural – can affect memory, attention, thinking ability and behaviour. For children there are also studies that link bed wetting with sleep problems.

The most common cause of medical sleep problems is snoring and obstructive sleep apnoea (holding the breath), but sleep walking or night terrors, periodic limb movement disorder or restless leg syndrome and other conditions, such as asthma and eczema, can also affect sleep.

Behavioural sleep problems can include difficulty falling or staying asleep, resisting going to bed, changing sleep hours (like teenagers do), and getting out of bed during the night.

So what is enough sleep?
• Toddlers need 12 to 14 hours sleep daily
• Primary school kids 10 to 12 hours.
• Adolescents need about 8½ to 9½ hours of sleep per night
Research suggests without this sleep, children don't function as well. They're more irritable, aggressive, hyperactive, fidgety, and can't concentrate or remember information, compromising learning, and exhibiting delayed response time. They get sick more and have an increased risk of accidents. We as adults can also relate to these symptoms.

DID YOU KNOW?
More than half of "asleep-at-the-wheel" car accidents are caused by tired teens.

Poor sleep can affect all of us at some time. Sleep experts recommend the following tips. Whether you be young or old or in the middle:

- Get into a routine - go to bed around the same time every night and wake up at the same time every morning
- Investigate if there are any fears or anxieties that might be keeping you/them awake.
- Before bed, do relaxation, breathing or visualisation exercises (imagine a happy place such as the beach or park)
- Do relaxing activities such as reading, drawing, listening to quiet music in the hour before bed to help wind down.
- Turn off the television (keep TV out of the bedroom), computer, electronic games and other activities in the hour before bed.
- Avoid strenuous exercise in the few hours before bed but make sure you/ your child gets plenty of exercise during the day.
- Avoid caffeine (soft drinks and coffee) and limit spicy or salty food which can cause thirst – and wake you/ your child during the night
- Encourage your child to fall asleep on their own (even from age six months - put babies down when drowsy rather when already asleep)
- Use reward systems (star charts culminating in a lucky dip or favourite outing) to motivate preschool and school-age kids, especially if they are getting out of bed or coming into your bed at night
- Install a hall or night light if your child is scared of the dark

If all else fails see a GP who can refer you/ your child to a medical specialist, sleep physician or psychologist to investigate why you or your child struggles with sleep.

Adapted from:
ABC Health and Well Being – Kids Need a Good Night’s Sleep by Helen Carter
KidsHealth

FROM THE P&C PRESIDENT

P & C Meeting
The final P & C meeting for 2014 will be tonight Wednesday 26 November starting at 7pm in the library annexe. Everyone is welcome and this will be our opportunity to say thanks to both Kim McDermott (Vice President) and Rob Beaumont (Secretary) as they leave the school at the end of the year. It will be festive meeting with cake so why not come along! The P & C will need some new executive members next year so think about joining and maybe taking on a role to ‘help make things happen’ at Wellers Hill State School.

WHSS Cookbook is almost here!
The Cookbook will be here in December.

For the hot price of $10 you can get your own Wellers Hill State School Cookbook.
Orders can now be placed through Flexischools and picked up from the undercover area any afternoon on the week of the 8th to 12th December from 3.00pm to 3.30pm.

We will also be selling them for cash in the undercover area from 8th – 12th December from 3-3.30pm.

With a colour-in front cover they will make great Christmas presents for everyone!

If you have any problems with the pickup time or orders please don’t hesitate to contact us on wellerscookbook@gmail.com

Have a great week.
Any questions please email me narelle@cooleyfamily.com.au
Regards Narelle Cooley

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Due Date</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec 3</td>
<td>Prep Christmas Show</td>
<td>Nov 28</td>
<td>$8</td>
</tr>
<tr>
<td>Dec 11</td>
<td>Wet and Wild</td>
<td>Nov 28</td>
<td>$30</td>
</tr>
</tbody>
</table>

Payments must be deposited in the payment box located in the office. Do not give payments to Class Teachers.

Multiple excursions/activities can be paid with one cheque or EFTPOS transaction (located at office). Cash is also acceptable.

On each excursion letter will be a DUE DATE for payment. No monies will be accepted after the due date. Therefore, unfortunately, students will not be able to attend the excursion/activity.

**CAPTAINS’ CORNER**

We are nearly at the end of the year, only 3 more weeks to go. Next Friday we have crazy sock and crazy hair day, so make sure you bring a $2 coin donation and join in on the fun. This week we have been having our swimming carnivals. I hope everyone had a fantastic time and swam their best. Have a great week 8.
Alice and Connor.

The swimming carnivals are here! Good job to those swimmers who swam on Monday and Tuesday (P-3) and good luck to all the year 4-7’s for tomorrow, especially those participating in the 50m races. Remember train hard and have fun.
William and Charlotte.

Alice Herley and Connor Helmore
Year 7 School Captains

William Ellerton and Charlotte Cooper
Year 6 School Captains
P-2 PARADE CERTIFICATES

Congratulations to the following students that received a certificate on parade last Friday:

<table>
<thead>
<tr>
<th>Prep S</th>
<th>Daniel B</th>
<th>Oliver R</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep K</td>
<td>Poppy M</td>
<td>Theodore H</td>
</tr>
<tr>
<td></td>
<td>Isabelle L</td>
<td></td>
</tr>
<tr>
<td>Prep SM</td>
<td>Phoenix A</td>
<td></td>
</tr>
<tr>
<td>Prep TM</td>
<td>Callum B</td>
<td>Yianni K</td>
</tr>
<tr>
<td>Prep M</td>
<td>Isabella R</td>
<td>Hamish A</td>
</tr>
<tr>
<td>1F</td>
<td>Lachlan H</td>
<td>Liam C</td>
</tr>
<tr>
<td>1HD</td>
<td>Krystal A</td>
<td>Samuel P</td>
</tr>
<tr>
<td>1T</td>
<td>Kate B</td>
<td>Isabelle B</td>
</tr>
<tr>
<td>1N</td>
<td>Will J</td>
<td>Lochlan H</td>
</tr>
<tr>
<td>1H</td>
<td>Lewis H</td>
<td>Elke S</td>
</tr>
<tr>
<td>1/2BL</td>
<td>Sam C</td>
<td>Joshua L</td>
</tr>
</tbody>
</table>

GOOD NEWS STORIES

Congratulations to Louise Allen-Ankins (Past Student) who was Dux at Cannon Hill Anglican College. Louise was also awarded the Japanese Prize.

MUSIC NEWS

Instrumental Lessons

All band instrument lessons have finished for the year.

Years 4 and 5 strings lessons will continue up until the end of week 9.

Instrumental and Choir rehearsals:

All instrumental rehearsals have finished for the year

Choir rehearsals are finishing this week.

Chamber Strings Auditions

Interested students can audition for Chamber strings during lessons in week 9. (next week)

Choir Performances:
Correction - All Choirs will be performing a piece on **parade this week - 28th December (NOT DECEMBER 5TH)** and should wear the formal school uniform.

**Sheet Music and Instruments**

Please return all instrumental and choral sheet music to your teacher ASAP.

All instruments should be handed in this week during instrumental lessons.

**Instrumental Program for 2015**

Offers for the String and Band programs have been sent home this week. If your child is selected there will be an instrumental program information night being held on **Wednesday the 3rd of December at 6.30pm** and your attendance on this evening is strongly advised.

Happy Music Making!

Mrs Kristensen

Classroom Music/Choir Conductor

**SPORT NEWS**

**Sports Awards**

If any parents have photos from interschool sport this year, can I please get a copy of them on a USB. Please make sure the USB is clearly named so I can return it once I have copied over the files. Thank you!!

**PE Swimming Classes**

There has been a number of items left behind after classes in the change rooms. Please make sure all items are clearly named to make it easier to return these belongings to the correct person. There is a crate down at the swimming pool which has all the items which have been left behind, please feel free to come and check if your lost items are there.

**Term Four Sports Dates**

Year 4-7 Swimming Carnival – Thursday 27th November – 9am-3pm
Sports Awards – Friday 5th December 2-3pm

**Year 4-7 Swimming Carnival Information – Thursday 27th November**

Please note the following:

- Races will flow quickly with the next event starting as soon as the previous group of swimmers have touched in at the end.
- There will be 50m races for all four strokes and 25m races for freestyle and breaststroke. All students in year 4-7 must participate in AT LEAST ONE 25 metre race.
- Students compete in age groups and only 50m races go towards house points and age championships. 25m races are for house points only.
- Following the 50m heats, all other competing students will participate in 25m races and will be placed into heats with other students in their age group with similar ability. These heats will not be timed and points up for grabs include 1st = 3pts, 2nd = 2pts, 3rd to 6th = 1pt.
- Sun safety is a priority so please apply sunscreen before school and children should wear sun shirts, caps and goggles. ONLY students competing in the 50m events will be allowed to swim without a sun shirt all other events students must wear sun shirt, cap and goggles.
PROGRAM

All events will have 9 year old girls compete first through to 13 year old boys. Races will run continuously, stopping only for both first and second break.

50m Freestyle Races
25m Freestyle Races
50m Backstroke Races
50m Breaststroke Races
25m Breaststroke Races
50m Butterfly Races

All ribbons, announcement of age champions and winning house will be presented on the whole school parade this Friday 28th November.

ART NEWS

For those of you who may be interested, the Brisbane Visual Arts Community, which is situated in the old Scout Den at the back of the school, will be running art workshops for the first term of school next year.

The Art Workshop Program (2015) that Brisbane Visual Arts Community is conducting is a series of workshops designed to give people a taste of what is available at the hall. Please see the programme below for details:

![BRISBANE VISUAL ARTS COMMUNITY INC WORKSHOP PROGRAM FOR TERM 1, 2015](image-url)

### BRISBANE VISUAL ARTS COMMUNITY INC WORKSHOP PROGRAM FOR TERM 1, 2015

<table>
<thead>
<tr>
<th>DATE</th>
<th>TEACHER</th>
<th>SUBJECT</th>
<th>Requirements</th>
</tr>
</thead>
</table>
| 4-Feb-15 | Julie Maddocks   | Painting on Porcelain Pen and Wash on Cup | Cost $20. All supplies provided. Min 5 Max 15 - You will paint a design on the cup and then paint porcelain products on design. The cup will be fired after class to make the design permanent.
Contact Julie 0408 158 356 |
| 11-Feb-15 | Jola Szymczk    | Felting “Go Natural”           | Cost $40 + materials $20 Min 5 Max 12 - Introduction to felting techniques including surface design and embellishment. The workshop will utilise natural fibres, wool and surface design elements only enhancing participants' focus on textured patterns.
Contact Jolanta studio88@optusnet.com.au |
| 18-Feb-15 | Jola Szymczk    | Felting “Colour Your World”    | Cost $40 + materials $20 Min 5 Max 12 - Introduction to felting techniques including surface design and embellishment using preferred colour range. The workshop will explore mixing and blending natural fibres and its potential applications in art wear, accessories, home decor and other felted forms.
Contact Jolanta Szymczak studio88@optusnet.com.au |
| 25-Feb-15 | ANNA-MARGOT COLLINS | Enamelled Jewellery for Beginners | Cost $30. Materials included. 5-10 for kits. Min 4 Max 15 - We will create a unique enamelled piece of jewellery on copper using a variety of techniques, some of the techniques we will explore are painting, simple collages, etching and use of threads and lumps. You will make 2-3 pieces finished pieces of jewellery.
Contact Anna-Margot Collins at annamargot.collins@gmail.com or 0404 045 177 |
| 4-Mar-15  | Vsiija Timkiv    | Felted Jewellery               | Cost $4 per person, materials included, max 4 max 15. This workshop is teaching how to make felted necklaces and earrings in chosen colours, using best quality wool fibre and sterling silver earrings hooks.
Contact Vsiija 0449 611 393, vsiijatimkiv@gmail.com |
| 11-Mar-15 | No Workshop programmed          |                                |              |
| 18-Mar-15 | No Workshop programmed          |                                |              |
| 25-Mar-15 | Richard McLaren | Introduction to Digital Photography for the Technically Challenged. | 10am to 1pm Cost $25. No materials required. Please bring own camera. Min 6, Max 12 - This workshop looks at the basics of photography and camera operation and tips and techniques to help you take better photos of your family, pets and travels.
Contact Richard 0429 485 021 or richard@bigpond.net.au |
| 1-Apr-15  | Alleyne Learmonth | Knitting for Beginners         | Cost $40 per person, materials included. Min 3 Max 8. Learn to cast on, knit basic stitches, a square and start a scarf.
Contact Alleyne 3348 6295 or 0747 220 526 or alleynelearn@gmail.com |
| 22-Apr-15 | Julie Maddocks   | Decoration with Nuts and Seedpods | Cost $25, some supplies included, min 5 max 15 - You will decorate the pieces you bring to the workshop (candles, baskets or placemats (base for centrepieces)) with found seedpods, nuts and other adornments. You will take home skills you can share with your children in the holidays.
Contact Julie 0408 158 356 |

**FESTIVE BREAK/SCHOOL HOLIDAYS**

**Workshops held at the WELLS HILL HUB, 140 Wellr Rd Tararinde Q (behind Wells Hill Primary School)**

**Wednesdays during school Term**

All workshops run from 10am to 2pm, bring your lunch, and required supplies.

Contact Individual Tutors for more information. For general inquiries contact Julie on 0408 158 356

**BVAC is an umbrella organization for 20 art and craft groups and the majority of our groups hold meetings and workshops at the Wells Hill Hub. We will have a notice bulletin at the front door for more information about our groups.**

**OTHER CLASSES HELD AT THE WELLS HILL HUB**

acrylic painting workshops

**Mixed Media Art Classes with Gloria Clay** 9.00 - 12.00 at the Hub, commencing 10th Feb. 2015

"Texting the Artistic way", Skills will include backgrounds, layering, using print and text and acrylic transfer. Cost 4 weeks $110 or 8 wks $210 Contact: 3349 2987 or 0414334090 for more info."
Congratulations to our Gold Certificate School Bankers for this week.

Charlie P  2W     Emily D   3CL   Alexis Clifford PSM   Saskia V  1/2BL   Eliza P   1N

School Banking News

- We have been informed that the Swim Bag and Handball are now no longer available as stock has run out. Please also be aware that Projector Cups and Tin Moneyboxes are now low in stock and may be completely out shortly.

Scented Pencils                                Available
Shark Key Ring                                Available
Sea Streamers                                  Available
Money Tin                                      Low Stock
Projector Cup                                  Low Stock
Handball                                       Out of stock
Penguin Key Ring                               Out of Stock
Whale Shark Pencil Case                        Out of Stock
Swim Bag                                       Out of Stock

- If you would like to order one of the remaining 2014 reward items, you MUST place your order this Thursday so that it can be ordered ready for the final banking week next week.
- If you are very close to ordering a prize and would like one of these items, please come and visit the banking ladies in the room above the uniform shop on Thursday morning and we will work out a solution for you.
- Please note that children may carry over their tokens to next year and will be able use these to order the new rewards available in 2015.
- There are only 2 weeks of school banking left for 2014. The last day for banking will be in week 9 (4th Dec).

Banking day is every Thursday.
EMERGENCY CONTACTS

Please ensure the school has up-to-date information regarding emergency contacts so that you can be contacted promptly if required.

TUCKSHOP

Volunteers for 2015

We are starting to put together a roster for 2015. If you think you would like to do one morning per month (9-11.30) or one afternoon (1.10-1.50) please come and see us in the tuckshop or email the address listed below. We rely heavily on the help of volunteers to run the tuckshop – this year we have nearly 870 students!! At the end of 2015 we will have a substantial number of long time volunteers leaving the school and it would be great to have new faces learning the ropes beside those volunteers before they leave.

Last Day for Tuckshop This Year

Our last day for tuckshop this year is Wednesday 10 December. We are NOT OPEN for the last 2 days of the school year.

<table>
<thead>
<tr>
<th>DAY</th>
<th>9am to 11.30am</th>
<th>1pm to 2pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 27 Nov</td>
<td>Rebecca U</td>
<td>HELP NEEDED</td>
</tr>
<tr>
<td>Friday 28 Nov</td>
<td>Caroline S Kimberley L</td>
<td>Stacey S</td>
</tr>
<tr>
<td>Monday 1 Dec</td>
<td>Tracy W</td>
<td>Heather</td>
</tr>
<tr>
<td>Tuesday 2 Dec</td>
<td>Kelli M Julie B</td>
<td>HELP NEEDED</td>
</tr>
<tr>
<td>Wednesday 3 Dec</td>
<td>Kym M</td>
<td>HELP NEEDED</td>
</tr>
<tr>
<td>Thursday 4 Dec</td>
<td>Linda C</td>
<td>HELP NEEDED</td>
</tr>
<tr>
<td>Friday 5 Dec</td>
<td>Susan R HELP NEEDED</td>
<td>Jenny O</td>
</tr>
</tbody>
</table>

If you are unable to do your tuckshop roster please contact us as soon as possible. If you would like to volunteer in the tuckshop, our phone number is 3249 1318 or you can call Carolyn (0409 053 742). You can also email whsstuckshop@gmail.com.

SACCS

Do not miss our great Christmas 2014 Vacation Care

Christmas 2014 Vacation Care – SACCS is currently accepting booking for our Christmas 2014 Vacation Care. The Early Birds closing date will be at 6 PM on Friday, 28th November 2014. Bookings from all school age children (up to 14 years old) from Wellers Hill School and from the local school communities are welcome. The form is available for download from Wellers Hill SS website or alternatively a hard copy can be collected from SACCS office.

With so many great activities, visitors and excursions we are sure that there would be something for every taste and interest. Some of our highlights include: ice skating, pony rides, magic show, animal show,
crazy candle making, carnival days, going to the cinemas and parks, theatre performance and lots of swimming.

For the convenience of our community, SACCS will be open on Monday, 22 December and Tuesday, 23 December. *(Enjoy your last minute shopping while your children are safely in our care!)*

Please note:

- Booking for Vacation care does not depend on your children’s bookings in the other components of SACCS.
- Submitting your Vacation Care Registration form does not always secure a spot. On days that have popular activities planned (especially excursion days), we quickly reach capacity so please submit your registration form as soon as possible.
- January 22nd & 23rd are Pupil Free Days and we are open.
- All accounts must be paid up to date before confirming your children’ Vacation bookings.

**Christmas Closing Dates:** SACCS will be closed from 6pm on Tuesday, 23 December 2014 until the 7am on Wednesday, 07 January 2015

---

**UNIFORM SHOP**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>1:30 to 3:30 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>8.00 to 10.00 a.m.</td>
</tr>
</tbody>
</table>

Deb Love
Telephone 3249 1361
School uniformshopwhss@gmail.com

---

**SWIM CLUB**

- The Wellers Hill Pool was opened in 1964 and will celebrate its 50th year in operation this November. We will be having a big celebration at swimming club on Friday 28th November so mark that date in your diary. We will have special guests, novelty races and lots more celebrations. If you know any previous club members, encourage them to come along and help celebrate this special occasion.
- Sign-On day for Term 1 2015 is Saturday, 6th December from 8am -10am in the school hall. If you intend to register your children for Learn to Swim lessons, enrolment needs to be performed at Sign-On day.
- We are running holiday block sessions for Learn to Swim and Squad during the Christmas School Holidays.
- Learn to Swim and Squad holiday block lessons are available for 2 weeks during the holidays- Monday to Friday on 15-19 Dec and 19-23 January. Session times will be announced shortly.
- To attend the holiday sessions, you must register and pay in advance either at sign-on day on 6 December or send us an email at admin@wellersratz.com. Registrations will close on Saturday 6 December. ALL SWIMMERS MUST HAVE REGISTERED AND PAID BY 7 DECEMBER TO ATTEND HOLIDAY SQUAD
1964 - 2014

Friday November 28th, 2014

Come and join us for a fun night to mark the club’s Golden Anniversary.

Raffles, prizes, special guests, novelty races and lots more celebrations. Race announcements close at 6pm. Club races start at 6:30pm followed by free swim and a chance for families to enjoy some drinks and nibbles. Current and past club members welcome.

RSVP: admin@wellersratz.com

www.wellersratz.com

Crazy HAIR & Sock Day

Friday 5th December

Gold coin donation for crazy socks

and

Gold coin donation for crazy hair

School uniform must be worn.

If students wish to spray their hair, this must be done at home with parent supervision.

We are raising money for the Year 6 & 7 gift to the school.
COMMUNITY NEWS

COMMUNITY CHRISTMAS CAROLS

SUNDAY 7TH DECEMBER
7PM
WELLERS HILL STATE SCHOOL HALL

Sing your heart out and enjoy a great family night as you watch the Christmas story unfold through the pageant, music, singing, dancing, fun and audience participation. This is a great opportunity to invite neighbors, friends and family.

Free refreshments afterwards and guaranteed to be an occasion of which lovely memories are made!

A freewill offering will be taken up to support the work of Youth Care (which aims to provide appropriate accommodation for young people who are in care.)

This event is supported by our local churches as a gift to our community.

Come along and enjoy a night to remember!

COMMUNITY CHOIR for CAROLS (volunteers welcome)

Anyone who would like to sing in the choir for our Community Carols Celebration on December 7th, is most welcome to come to rehearsals. They will be held on Sunday 23rd and 30th November from 2-4pm at Pope St Uniting Church, and then a final dress rehearsal on Saturday December 6th at WHSS Hall at 3 – 4.30pm. If you are interested, please contact Lesley Richardson (richfam@dovenetq.net.au) or ring 0417 721 008. All welcome!

InnaZone Yoga - All levels welcome!

Fridays 9.15am – 10.15am

St Lukes Theatre Hall, 193 Ekibin Rd, Tarragindi
*parking is available onsite behind the church*

For any questions email innazoneyoga@hotmail.com or just turn up!

BYO Mat if you have one or contact me in advance to bring one along for you! $12 per class.
Are you a parent of a child with type 1 diabetes?

Every day thousands of Australian children suffer the effects of type 1 diabetes, and families struggle with illness management and children’s behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P - Positive Parenting Program, offering practical ideas and support for parents of children with type 1 diabetes. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.

Over the next few months and for a limited time only, parents of 2-10 year old children with type 1 diabetes are able to access Positive Parenting for Healthy Living Triple P free of charge as part of a University of Queensland research project. Contact Aditi Lohan on (07) 3346 7689 or email diabetes.healthyliving@uq.edu.au

KIDS CLUB 2015

Bible Message | Crafts | Games | Activities

9am – 12pm on January 12th – 16th 2015
Salisbury Gospel Hall | 56 Henson Road, Salisbury

RSVP by 19th December
0438705677 (Angie) | 0415394410 (Mary)
Free of Charge | Lunch Included
www.salisburychristianassembly.com.au
EVERYTHING IS AWESOME!

FREE COMMUNITY MOVIE NIGHT
The Lego Movie
Saturday 29 November - 4.30 pm
Coorparoo State School
Carey Field - off Halstead Street

Gates open at 4.30pm for pre entertainment rides and food. Movie starts at 6.45pm. No bookings required, just come along and enjoy a fun afternoon with friends and family.

Brisbane City Council proudly supports this event.

For further information please email pandc@coorparooss.eq.edu.au