

TUCKSHOP MENU

ORDERS CAN BE PLACED ONLINE VIA FLEXISCHOOL APP BEFORE 8:15AM

SALADS

Lettuce, Carrots, Cucumber, Tomato, Cheese, Boiled Egg, Mayo and Salad Dressing.

Garden Salad	\$5.50
Ham Salad	\$6.00
Chicken Salad	\$6.50

WRAPS

Lettuce, Carrots, Cucumber, Tomato, Cheese, and Mayo

Salad	\$5.00
Ham and Salad	\$5.50
Chicken Salad	\$6.00

SANDWICHES

All Sandwiches made with wholemeal bread - option with or without butter

Vegemite Sandwich	\$2.50
Jam Sandwich	\$2.50
Honey Sandwich	\$2.50
Cheese Sandwich	\$3.00
Egg and Lettuce Sandwich	\$4.50
Ham Sandwich	\$3.50
Ham and Cheese Sandwich	\$4.00
Chicken Sandwich	\$4.50
Chicken and Salad Sandwich	\$5.50

Toasties

All Toasties made with Wholemeal bread

Cheese	\$3.50
Cheese and Tomato	\$4.00
Ham and Cheese	\$4.50
Hem, Cheese, and Tomato	\$5.00
Chicken and Cheese	\$5.00
Chicken, Cheese and Tomato	\$5.50

SNACKS

Boiled Egg	\$ 1.50
Saos - 2 quantity	
Butter	\$ 1.20
Butter and Vegemite	\$ 1.70
Butter and Cheese	\$ 2.00
Pikelets - 2 quantity	\$ 2.50
with your choice of Honey, Jam, Butter, Plain	
Piece of fruit	\$ 1.50
Popcorn	\$ 1.50
Light Salted / or Sweet and Salty	
Apple and Cinnamon Muffin - Home Made (Dairy and Egg Free)	\$ 2.50
Banana Choc Chip Muffin - Home Made	\$ 2.50
Vegemite & Cheese Scroll	\$ 2.50
Jelly Cup	\$ 2.50
Chocolate Brownie	\$ 2.00
Watermelon Cup	\$ 4.00
Seasonal Fruit Cups Small	\$ 4.00
Seasonal Fruit Cups Large	\$ 4.50

Drinks

Fruit Popper - 200ml	\$ 2.30
Apple	
Apple and Blackcurrant	
Orange	
Water	\$ 2.50
Plain, Chocolate / Strawberry Milk - 250ml	\$ 2.80

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HOT FOOD

Corn on the Cob \$2.00

Corn on the cob served with or without butter

Garlic Bread \$2.00

Homemade garlic rub placed on a sub roll

Sausage Roll \$4.50

King Size Sausage Roll Served with Tomato Sauce

Hotdog \$4.50

Hotdog bun with a Hotdog Frankfurt serviced with tomato sauce and cheese options.

Chicken Nuggets \$4.50

5 Nuggets served with tomato sauce

Japanese Curry \$5.50

Rice, Potatos, Onion, Carrots, with Japanese Curry sauce

Bolognese Pasta \$5.50

Homemade Bolognese sauce made with beef mince, vegies, Pasta and option to add cheese.

GLUTEN FREE Bolognese Pasta \$5.50

Homemade Bolognese sauce made with beef mince, vegies, GF Pasta and option to add cheese.

Pesto Pasta with Chicken \$5.50

Basil pesto sauce, sour cream, macaroni pasta, chicken, optional cheese

Pizza

Cheese \$ 5.00

Pizza Base, Pizza Sauce and Cheese Sauce and Cheese

Ham and Cheese \$ 5.50

Pizza Base, Pizza Sauce, Diced Ham and Cheese

Ham, Pineapple and Cheese \$ 5.50

Pizza Base, Pizza Sauce, Diced Ham, Pineapple and Cheese

Pepperoni \$ 5.50

Pizza Base, Pizza Sauce, Pepperoni slices and Cheese

Chicken Sub \$6.00

Crunchy Chicken Fillet with Lettuce and Mayo served in a long bread roll

DAILY SPECIALS

Beef Sliders \$ 4.00

(Only available Mondays and Tuesdays, and Fridays)

Small Slider Size Cheeseburger Bun, with a Beef Pattie, Cheese and Tomato Sauce option.

Sushi \$ 4.00

(Only available Tuesday and Thursday)

Chicken Teriyaki
Karaage Chicken
Tuna and Mayo
Cucumber
Avocado

Sushi Bowl \$ 6.00

(Only available Wednesday)

Sushi Rice, Karaage Chicken, Edamame (Soybean), Carrot, Cucumber, Seaweed, Teriyaki Sauce, Soy Sauce and Mayo Option

ICE BLOCKS

Frozen Pinnapple Rings \$0.50

Quelch Icey Pole \$1.00

Everest Dixie Cup - GF Chocolate \$ 1.50

Raspberry Pine Mini Calippo \$2.50

Frozen Yoghurt - Mango or Strawberry \$ 2.70

BIRTHDAY ICE BLOCKS

\$ 18.00

Order a Bucket of Quelch Ice Blocks for the whole class.

2 days' notice required.

