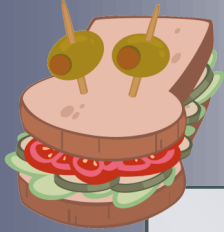


# WELLERS HILL STATE SCHOOL

## TUCKSHOP MENU 2020

PLEASE PLACE YOUR ORDERS WITH CASH OR VIA FLEXISCHOOLS BEFORE 8.40AM



### SANDWICHES

- Cheese, Vegemite, Jam or Honey / \$2.00
- Egg and Lettuce / \$3.00
- Salad / \$3.20
- Ham / \$3.00
- Ham and Cheese / \$3.50
- Ham, Cheese and Tomato / \$4.00
- Ham and Salad / \$4.50
- Chicken / \$4.00
- Chicken and Salad / \$5.50



### SUSHI

AVAILABLE MONDAY TO THURSDAY

**\$3.00**

- Teriyaki Chicken
- Tuna/Mayo
- Cucumber

Phone: 3249 1318

Email: [tuckshop@wellershillpandc.com.au](mailto:tuckshop@wellershillpandc.com.au)

### WRAPS/ROLLS

(All wraps /rolls include cheese, carrot, lettuce and carrot)

- Salad Wrap/Roll / \$3.50
- Ham Salad Wrap/Roll / \$4.50
- Chicken Salad Wrap/Roll / \$5.50



### SALADS

- Garden Salad / \$4.50
- Ham Salad / \$5.50
- Chicken Salad / \$6.50
- Side Salad / \$2.20
- (Lettuce, carrot, tomato with dressing)
- Gyoza with Crunchy Noodle Salad / \$4.00

### TOASTIES

- Cheese / \$3.00
- Cheese and Tomato / \$3.50
- Ham and Cheese / \$4.00
- Ham, Cheese, Tomato / \$4.50
- Chicken and Cheese / \$5.50

The tuckshop is run by the P&C Association.

We are always grateful for volunteer help. A few hours, once a month, can make a huge difference.

Please contact us to sign up as a volunteer.

**Kids love to see their family members helping in the tuckshop.**

# WELLERS HILL STATE SCHOOL

## TUCKSHOP MENU 2020

"Feeding growing bodies and minds"

### EVERYDAY MEALS



#### SUSHI BOWL \$5.00

Seasoned sushi rice, teriyaki sauce, karaage chicken, seasonal salad, Japanese mayo and nori

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#### BOLOGNESE PASTA \$4.00

Bolognese sauce is made in the tuckshop

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#### BOLOGNESE PASTA GLUTEN FREE \$4.00

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#### JAPANESE CURRY \$4.00

Vegetarian curry. A Wellers Hill favourite.

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#### CHICKEN SUB \$4.00

Crunchy chicken fillet with lettuce and mayo on a bread roll

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#### BEEF SLIDER \$3.50

Beef patty with cheese and tomato sauce on a slider bun.

Perfect size for Preppies

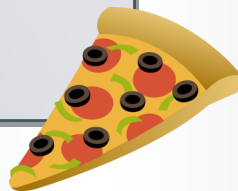
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#### PIZZA SANDWICH \$3.00

Ham, pineapple, cheese and tomato sauce in a pita pocket. Also a good size for Preppies

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#### COB OF CORN \$1.60



### DAILY SPECIALS



#### MONDAY

Sausage Roll / \$4.00

#### TUESDAY

Karaage Chicken / \$4.00

#### WEDNESDAY

Meatball Sub / \$4.00

#### THURSDAY

Roast Chicken and Gravy Roll / \$4.00

#### FRIDAY

Hotdog / \$3.50

Chicken Nuggets / \$4.00

### SNACKS



Piece of Fruit / \$1.00

Boiled Egg / \$0.80

Yoghurt Cup / \$1.80

Popcorn / \$1.00

SAOS (Butter/Cheese) / \$1.80

SAOS (Butter/Vegemite) / \$1.20

Pikelets (2) / \$1.80  
(Plain, butter, jam or honey)

Chocolate Muffin / 1.80  
(Dairy and egg free)



### BIRTHDAY BUCKET

Order a bucket of fruit juice ice blocks for the whole class for \$18.00.

Two days notice is required

### DRINKS

Water / \$1.80

Flavoured Milk / \$2.30

Fruit Juice / \$2.00

Our Menu is Smart Choices compliant.  
Proudly awarded "Queensland Top 10 Tuckshop" by the Queensland Association of School Tuckshops in 2016, 2017 and 2019.